FOOD NUTRITION AND HEALTH 3

5035

**GENERAL CERTIFICATE OF EDUCATION BOARD**

**Technical and Vocational Education Examination**

**JUNE 2024 INTERMEDIATE LEVEL**

|  |  |
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| Specialty and Acronym | **HOME ECONOMICS (HEC)** |
| Subject Title | **FOOD NUTRITION AND HEALTH** |
| Paper No. | **Paper 3 Practical** |
| Subject Code No. | **5035** |

**Advance Information to Centres**

LIST OF MATERIALS NOT TO BE PASTED ON THE NOTICE BOARD

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| Materials | Equipment |
| - Corn fufu | - Parsley |
| - Mushroom | - Vinegar |
| - Njangsa | - Green leafy spices |
| - Irish potatoes | - Powder milk |
| - Unripe plantains |  |
| - Ripe banana |  |
| - Baking powder |  |
| - Bicarbonate of soda |  |
| - pawpaw |  |
| - Water melon |  |
| - Flour (wheat) |  |
| - Cocoyams |  |
| - Cocoyams leaves |  |
| - Crayfish |  |
| - White pepper |  |
| - Salt |  |
| - Sugar |  |
| - Milk |  |
| - Lettuce |  |
| - Flavouring |  |
| - Milk |  |
| - Onions |  |
| - Garlics |  |
| - Vegetable |  |
| - Cabbage (white/Red) |  |
| - Fresh fish |  |
| - Fresh tomatoes |  |
| - Green spices |  |
| - Pineapple |  |
| - Lemons |  |
| - Pear |  |